

PLAYER RATING SYSTEMS

GOLD

This division is made up of advanced to elite level players. These players may have professional (any level, including Europe), NCAA Division I or III College, Major Jr., and Tier I Junior playing experience. Teams in this division are comparable to traditional "A" level adult league teams.

SILVER

This division consists of advanced level players who may have Tier II or III Junior, ACHA, Midget Major AAA, and Prep/Varsity High School playing experience. Teams are comparable to traditional "B" level adult league teams.

BRONZE

This division consists of intermediate level players who may have experience playing up to the high school level and lower midget levels. Some players may have limited organized youth playing experience, but have several years of experience as a recreational adult player. These teams are comparable to traditional "C" level adult league teams.

BEGINNER

Teams are entirely comprised of beginner adult players. Although a small number of players may have 5+ years of beginner adult experience, the majority of players have 1-5 years of entry level playing experience as an adult. These teams are comparable to traditional "D" level adult league teams.

NOTE: *Players with professional, major/tier I junior, or NCAA DI hockey experience will not be permitted to play Silver or below.*

NOTE: *Some players may have 10+ years of adult hockey experience, but NCAA, non-varsity college, or prep school experience will not be permitted to play Bronze or below.*

NOTE: *Players with experience beyond the high school/midget Tier 2 level will not be permitted to play in the Bronze division.*

Self Rating System for Adult Hockey Players

HIGHEST LEVEL PLAYED		POINTS
1 point	Professional, NCAA Division I or III College, Major Jr., and Tier I Junior. (Professional players have an automatic score of four and can skip to age).	
2 points	Tier II or III Junior, Non-Varsity College (ACHA), Midget Major AAA, and Prep High School	
3 points	Organized playing experience at the youth level up to lower level midgets or high school, or several years of adult experience	
4 points	Beginner. May have a couple years of experience but not beyond the beginner level.	

SKATING LEVEL		POINTS
1 point	Expert. Player has an in depth knowledge of edges/skating techniques and how/when to use them.	
2 points	Excellent skating abilities. Can use all of the different skating techniques but does not perform at the expert level.	
3 points	Can use different skating techniques in games. Still developing, but skills and skating knowledge are beyond the beginner level.	
4 points	New to ice skating. Can move around on the ice, but still learning and developing basic skills.	

PUCK SKILLS LEVEL	POINTS
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| 1 point | Expert. Player possesses a high aptitude and skill level to perform any task with the puck with timing and ease. |
| 2 points | Player can not perform at the expert level but can pass, stickhandle, receive passes, and shoot forehand/backhand in stride at full speed. |
| 3 points | Player is still developing skills, but has knowledge and ability to perform all different puck related tasks (pass, shoot, stickhandle, receive passes). |
| 4 points | New to the game of hockey and just learning the concepts of different puck skills and how to perform the skills to pass, shoot, and stickhandle. |

HOCKEY IQ LEVEL	POINTS
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| 1 point | Expert. Player has an in depth and vast knowledge of all hockey concepts and positioning in all different situations. |
| 2 points | Player has an advanced knowledge of the game. Understands hockey concepts and positioning but does not perform at the expert level. |
| 3 points | Player has an understanding of many concepts and tactics (PP, PK, d-zone coverage, etc.) of the game and where to be on the ice but is still learning and developing. |
| 4 points | Player is just beginning to learn the game beyond the casual fan level and learning to become a hockey player. |

AGE – Do not subtract or add points if the above score is 16 or more.	POINTS
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| Subtract 1 | 21-29 |
| Add 1 | 30-39 |
| Add 2 | 40-49 |
| Add 3 | 50+ |

MEN'S DIVISION	
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| Gold | 3-7 points |
| Silver | 8-11 points |
| Bronze | 12-15 points |
| Beginner | 16+ points |

DISCLAIMER: *This formula is a guide for players new to USA Hockey's Adult programs. It is a guideline to be used to help ensure players are in the division that best corresponds with their skill level in order for them to have the most fun and competitive experience. Please use this along with your best judgment to get in the correct division for your skill level. Please view the division descriptions for further information.*