



Northeast Sled Hockey League, Inc.

CODE OF CONDUCT

The Northeast Sled Hockey League, Inc. ("NESHL" or "League") is a nonprofit, charitable purpose 501(c) corporation, the mission of which includes promoting sportsmanship, teamwork and community values through sled hockey games, training and related activities. In keeping with the NESHL Mission Statement, the League has instituted this "Code of Conduct" for all Players, Coaches, Team Officials, Volunteers and Fans (collectively, "Participants"). Additionally, the NESHL follows USA Hockey's Zero Tolerance Policy requiring all Participants to maintain a sportsmanlike and educational atmosphere before, during and after all games (available at the following link: Zero Tolerance Policy (usahockeyrulebook.com)) and anyone participating in, or attending, our games or any activities related to the games or the League, is required to act in accordance with this policy both on and off the ice.

SPORTSMANSHIP: All Participants are expected to conduct themselves in a sportsmanlike manner. Everyone participates in NESHL activity to have fun. While people are encouraged to root for their Team and/or Teammates with enthusiasm, any vulgar, rude or inappropriate conduct, comments or gestures will not be tolerated. If necessary, an NESHL Official will ask the individual engaging in such conduct to leave the premises and the person or the Team associated with that person may be subject to further League disciplinary action and/or may be required to engage in appropriate learning of and committing to better conduct skills.

CONDUCT OUTSIDE OF LEAGUE ACTIVITIES: Sportsmanship extends beyond 'Game Day' activities. Inappropriate conduct and comments, whether verbal or written including on social media, may reflect negatively on the League and could subject you or your team to League disciplinary action.

VIOLENCE: Violence or unruliness will not be tolerated. Any Participant who commits an act of violence, or in the opinion of the Referees, NESHL Commissioner or NESHL Official is deemed violent or unruly, will be asked to leave the premises and that person or the Team associated with that person may be subject to further disciplinary action.

HARRASSMENT, ABUSE OR UNLAWFUL ACTS: All Participants agree to respect each other and not engage in any form of verbal, emotional, physical or sexual misconduct, harassment or abuse and further agree to not engage in any unlawful acts during or in connection with any NESHL-related activity. This includes but is not limited to all Participants hereby agreeing not to engage in offensive language, jokes, bullying, hazing or other verbal, graphic or physical conduct or expressions relating to race, sex, religion, color, age, national origin, disability, sexual orientation or other factors that create a hostile, harassing or abusive environment or which are otherwise inconsistent with the League's Code of Conduct or applicable law.

REFEREES: The Referees are 'in charge' of calling NESHL games. A Teams Bench Coach, or Team Captain, may appeal a Referee(s) decision to the Referee(s) during a game. The Referee's decisions are final and cannot be appealed any further during the game.

DISCIPLINARY ACTION: The NESHL Commissioner (or designee) and/or NESHL Board reserves the right to suspend, censure or otherwise discipline any Team, Team Official, Coach, Player, Volunteer, Fan, etc. who is deemed to have violated any part of this Code of Conduct and the below Player Commitment.

INSURANCE NOTICE

I fully understand that the NESHL is **not** a USA Hockey League affiliate or otherwise formally part of the USA Hockey organization and if I sustain any injuries during NESHL events, I will not hold USA Hockey responsible. I understand that USA Hockey Insurance **DOES NOT** cover me at NESHL events.

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PLAYER COMMITMENT AGREEMENT, CONSENT TO BEING PHOTOGRAPHED OR FILMED, AND ACCEPTANCE OF CODE OF CONDUCT

I have chosen to play for the _____ Sled Hockey Team and compete in NESHL games and participate in related activities. I understand the Commitments and Sacrifices that will be asked of me as a member of my team. I have read the NESHL Code of Conduct and the Insurance Notice and I understand that by signing this letter I commit to complying with both the Code of Conduct and Insurance Notice. In addition, I agree to follow the NESHL Rules, Operating Procedures and any other League Regulations. I will do everything I can to help ensure the success of my teammates, my team, the other teams and the NESHL.

I hereby give my consent to the NESHL and its Agents to photograph and film me (or my child) for media use and/or for use by NESHL for customary promotion of NESHL and its noncommercial, nonprofit activities. I understand this consent is without any limitation and is for the privilege and personal benefit of participation in NESHL's Activities, and this consent covers the use of any pictures, films and/or stories in connection with NESHL's noncommercial, nonprofit activities.

Signed: _____

Print Name: _____

Date: _____

Parent's or Legal Guardian's Signature: _____
(Required for players aged 17 years or younger.)

Print Name: _____

Date: _____

Waiver of Liability, Release Assumption of Risk and Indemnity Agreement

This Waiver of Liability, Release, Assumption of Risk and Indemnity Agreement (this "Agreement") is necessary for your participation in activities sponsored by, or in connection with, activities of the Northeast Sled Hockey League, Inc. ("NESHL" or "League"), a nonprofit, charitable purpose 501(c) corporation, for the performance and carrying out of its nonprofit charter purpose to sponsor sled hockey games and other related activities (collectively, "NESHL Activities"). It is the purpose of this Agreement that the person signing this Agreement exempt, waive, release and relieve NESHL and the Participants ("Releasees") from all liabilities, causes of action, claims and demands that may arise in any way from any personal injury, property damages and wrongful death, including, without limitation, if caused by the acts, omissions and/or negligence of Releasees, and agree to not sue the NESHL and other Releasees in connection with same. "Releasees" include the NESHL, event hosts, teams, players, coaches, officials, sponsors, advertisers and each of their related family members, officers, directors, agents and participants.

For and in consideration of the undersigned's participation with NESHL and being allowed to participate in the NESHL Activities, the participant and, if 17 years old or younger, the participant's legal guardian (collectively, the "Participant") hereby voluntarily WAIVES, RELEASES AND RELINQUISHES NESHL and the other Releasees from any and all claims for liability and causes of action, including, without limitation, for personal injury, property damage or wrongful death occurring to the Participant, arising out of participation in the NESHL Activities, the sport of sled hockey, transportation to or from the NESHL Activities and pre-game and post-game activity arising out of or in the course of attending or participating in such NESHL Activities, whenever or however they occur and for such period as the NESHL Activities may continue, and by this Agreement, any such claims, rights and causes of action that the Participant may have are hereby knowingly and willingly waived, released and relinquished, and consistent with the foregoing the Participant agrees not to initiate any lawsuit against NESHL and/or other Releasees, and the Participant does so on his/her behalf, or on his/her

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underage Participant's behalf, and on behalf of and/or in relation to the Participant's heirs, executors, administrators and assigns.

The Participant hereby ACKNOWLEDGES, UNDERSTANDS AND VOLUNTARILY ASSUMES ALL RISKS relating to the NESHLL Activities, the sport of sled hockey, transportation to or from the NESHLL Activities, and/or activities incidental thereto, and understands that sled hockey and member team activities involve significant risks to the Participant's person including, without limitation, bodily injury, partial or total disability, paralysis and death, and damages which may arise therefrom and that the Participant has full knowledge of said risks. These risks and dangers may be caused by the negligence or gross negligence and other acts and/or omissions of the Participant or of others, including, without limitation, NESHLL and the other Releasees. These risks and dangers include, but are not limited to, those arising from participating with bigger, faster and stronger participants. The Participant further acknowledges that there may be risks and dangers not known to the Participant or not reasonably foreseeable at this time. The Participant acknowledges, understands and agrees that all of the risks and dangers described throughout this Agreement, including, without limitation, those caused by the negligence or gross negligence of the Participant and/or others, are included within the waiver, release and relinquishment described in the preceding paragraphs.

The Participant hereby ACKNOWLEDGES, UNDERSTANDS AND VOLUNTARILY ASSUMES THE RISKS arising from the conditions and use of ice hockey rinks, related premises and hockey and other equipment and acknowledges and understands that included within the scope of this waiver and release is any cause of action (including, without limitation, any cause of action based on negligence, gross negligence or other acts and/or omissions) arising from the performance, or failure to perform, maintenance, inspection supervision or control of said areas, rinks and equipment and/or for the failure to further warn of dangerous conditions existing at said areas and rinks, and for deficient selection of certain Releasees, or deficient supervision of instruction by Releasees.

The Participant hereby ACKNOWLEDGES, UNDERSTANDS AND VOLUNTARILY ASSUMES THE RISKS of loss, personal injury, sickness, death, damage and expense for the Participant arising from being exposed to or contracting communicable diseases, including, but not limited to, the 2019 novel coronavirus disease ("COVID-19") and/or variants of COVID-19 or any other contagious diseases (collectively, "Communicable Diseases," and, individually, a "Communicable Disease"), by attending or otherwise participating in NESHLL Activities. The Participant recognizes and understands that while the NESHLL has undertaken reasonable steps to lessen the risk of transmission of Communicable Diseases in connection with participation in NESHLL Activities, the Releasees are not to be held legally responsible in any manner for any risks related to Communicable Diseases, including COVID-19, in connection with the Participant's participation in NESHLL Activities.

Further, and specifically, the Participant understands that a Communicable Disease, including COVID-19 and variants of COVID-19, may be highly contagious and dangerous, and that contact with the virus that causes a Communicable Disease may result in significant personal injury or death. The Participant is fully aware that participation in the NESHLL Activities carries with it certain inherent risks related to transmission of Communicable Diseases, including COVID-19 ("Inherent Risks") that cannot be eliminated regardless of the care taken to avoid such risks. Inherent Risks may include, but are not limited to, (1) the risk of coming into close contact with individuals or objects that may be carrying a Communicable Disease; (2) the risk of transmitting or contracting a Communicable Disease, directly or indirectly, to or from other individuals; and (3) injuries and complications ranging in severity from minor to catastrophic, including death, resulting directly or indirectly from a Communicable Diseases or the treatment thereof. Further, the Participant understands that the risks of all Communicable Diseases are not fully understood, and that contact with, or transmission of, a Communicable Disease may result in risks to the Participant including, but not limited to, loss, personal injury, sickness, death, damage and expense, the exact nature of which are not currently ascertainable, and all of which are to be considered Inherent Risks. The Participant hereby ACKNOWLEDGES, UNDERSTANDS AND ASSUMES THE RISKS of loss, personal injury, sickness, death, damage and expense for the Participant arising from such Inherent Risks. Furthermore, the Participant represents and warrants that the Participant does not knowingly carry any Communicable Diseases that may be transmitted during participation in NESHLL Activities.

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The Participant hereby WAIVES, RELEASES AND RELINQUISHES RELEASEES from any and all claims for liability and causes of action, including, without limitation, for personal injury or wrongful death occurring to the Participant or his or her family members, resulting from Communicable Diseases, including COVID-19, arising out of participation in the NESHL Activities, and the foregoing is applicable even if the Center for Disease Control and Prevention ("CDC") has identified that the Participant or his or her family members is at high risk for complications or if the CDC has identified characteristics that the Participant may have and that put the Participant or his or her family members at high risk for complications. The Participant agrees to follow the most stringent among each of all applicable local, state and federal laws, NESHL guidelines, ice rink requirements and CDC guidelines that have been adopted to limit the spread of a Communicable Disease. If the Participant invites spectators or family members to NESHL Activities, then these individuals also assume the risk of being exposed to or contracting a Communicable Disease and the Participant expressly agrees to all of the foregoing.

The Participant understands that the Releasees do not have medical personnel available at the locations of NESHL Activities and that NESHL is a nonprofit charitable purpose corporation without the resources to provide medical personnel at NESHL-related Activities.

First aid and emergency medical treatment consent: The Participant hereby grants the Releasees permission to administer first aid and/or authorize emergency medical treatment by third parties, if necessary. The Participant understands and agrees that any such medical action or related action by or on behalf of the Releasees and Parties and/or the Participants shall be subject to the terms of this Agreement and release, including any liability arising from the negligence or gross negligence of the Releasees when administering first aid or authorizing others to provide medical care. The Participant understands and agrees that the Releasees do not assume responsibility for any injury or damage which might arise out of or in connection with such authorized emergency medical treatment or other first aid and related acts.

If the law in any controlling jurisdiction renders any part of this Agreement unenforceable, the remainder of this Agreement shall nevertheless remain enforceable to the fullest extent allowed by controlling law. This Agreement affects your legal rights, and you may wish to consult an attorney concerning this Agreement.

The Participant agrees to follow the rules for NESHL Activities and to follow directions of the responsible NESHL officials. The Participant agrees that if any claim for the Participant's personal injury, property damage or wrongful death is commenced against Releasees, he/she (the Participant) shall defend, indemnify and save harmless Releasees from any and all claims or causes of action resulting from the Participant's actions or inactions.

The Participant acknowledges that he/she has read the above paragraphs and has not relied upon any representations of Releasees, that he/she (the Participant) has been advised of or is otherwise fully aware of the potential dangers of sled hockey and understands these waivers and releases are necessary to allow NESHL to exist and/or reasonably conduct the NESHL Activities. Significant exclusions may apply to the NESHL's insurance policies, which could affect any coverage.

Signed: _____

Print Name: _____

Date: _____

Parent's (Legal Guardian's) Signature: _____
(Required for players aged 17 Years or younger.)

Print Name: _____

Date: _____

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